



CHAI LIGHTS

A PUBLICATION OF THE JEWISH HOME FOR THE ELDERLY

VOLUME 80

SUMMER 2010

The Roy and Aline Friedman Medical Home Care Agency

Remaining in one's own home for as long as possible is the understandable goal of most people as they age. The Mission of The Jewish Home includes that objective and now can deliver the full range of services necessary to meet that goal through the recently opened Roy and Aline Friedman Medical Home Care Agency.

Thanks to the Friedman's generosity, the Home's capacity to support elders in their homes in Fairfield County and the surrounding area is greatly enhanced. The Roy and Aline Friedman Medical Home Care Agency is the latest addition to the Home's continuum of care and is licensed to provide nurses, social workers, and certified nursing assistants, plus physical, occupational and speech therapists in people's own homes.

Throughout the Fall of 2009, Debbie Wesley, Director of the Roy and Aline Friedman Medical Home Care Agency, worked closely with the State of Connecticut to assure all policies and procedures were met to receive licensure.

"When we heard we had a license number we were ecstatic!" said Debbie. "Our hard work and dedication had finally come to fruition and we were ready to assess our first patient!"

In addition to being a resource for seniors in the community, the Roy and Aline Friedman Medical Home Care Agency is an important option for individuals who are ready for discharge from the Home's Post-Acute Rehabilitation Unit, or any of the area's hospitals.

"There are approximately 500 patients discharged from the Home's Rehab program each year," stated Andrew H. Banoff, President & CEO. "To complete the recuperative process and reach optimal independent functioning, many still require skilled nursing services. Being able to provide that care in their own homes through the Roy and Aline Friedman Medical Home Care Agency is a privilege, responsibility and trust we welcome."

Transitioning from hospital to home, from illness to wellness, can be a complicated process. With this additional capacity to assist individuals along the continuum of care, disruption is minimized and recovery is less stressful allowing the patients and their families to focus on each other while the staff of the Roy and Aline Friedman Medical Home Care Agency provide the appropriate care. The nurses, certified nursing assistants, social workers, physical, occupational and speech therapists of the Roy and Aline Friedman Medical Home Care Agency each meet the employment, training and accountability standards which have assured the highest professionalism for nearly four decades.

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Aline and Roy Friedman

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Friedman and Angel to Receive Awards at Fall Gala

The Fall Gala will be a memorable evening with many highlights; honored award recipients, lively entertainment, elegant dining and opportunities to support The Jewish Home. To be held on Thursday, October 28th and co-chaired by Bonnie Covey and Betty Feldman, event plans are well underway.

Roy Friedman will be the recipient of the Arthur and Gladys Lunin Humanitarian Award. This award was created to recognize outstanding public and community service as exemplified by the good works of Arthur and Gladys Lunin. The Louis Lotstein Award, created to recognize leaders for their long-term service to The Jewish Home as demonstrated by the devotion of the late Louis Lotstein, will be awarded to Sue Angel.

The Gala will be held at The Water's Edge in Darien. "This year our guests will be captivated by Dueling Pianos, a very talented, lively, high energy, spirited duo, complete with audience requests and participation. It will be great fun," says Bonnie Covey. The committee has also been organizing a fabulous auction and arranging a commemorative ad journal.

"The Gala is our biggest fundraiser and the dollars raised make such a difference each year at the Home," explained Lydia Gerard, Women's Auxiliary President. "I look forward to it every year. Attending and supporting the Gala is a wonderful way to impact the lives of the residents at the Home." Funds from past events have



Sue and Henry Angel

been directed toward the Center for Elder Abuse Prevention, the Osteoarthritis Program of Excellence, the Pet Therapy Program and the Music Enrichment Program.

As president of Standard Oil of Connecticut, our Lunin Award recipient, Roy Friedman has spent his professional career in the petroleum industry expanding and diversifying what was once a small, family-owned coal and charcoal business into the largest privately-owned oil company in the state. Following his service in the US Navy in World War II, Roy returned as a decorated war veteran to his hometown in Stratford to join his father, Irving at Standard Coal and Charcoal. Today, almost 60 years later, the small business has grown into a leader in its industry comprised of Standard Oil, Standard

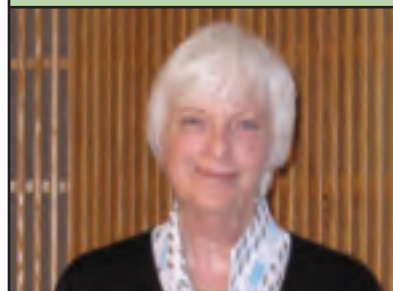
Electric, Standard Insurance, Standard Petroleum Gasoline, Standard Security Systems and Commercial Heating Supply of New England.

Roy serves on numerous local and state boards including, but not limited to, an appointment as Stratford Commissioner of World War II Veterans, Director of the New England Fuel Institute, Board Member of Independent Oil and Gasoline Dealers Association, Board Associate of the University of Bridgeport and Board Member of the Fairfield Beach Association. Roy has been very involved in the Connecticut Children's Muscular Dystrophy Association for the past eight years, specifically in their annual statewide golf tournament, helping to raise significant funds to send over 80 special needs children to summer camps. Additionally, Roy has been a Board Member of the JHE Foundation since 2004 and his wife, Aline, has

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IN MEMORIAM Milton J. Schubin

For the past three years Milt Schubin served as the Chairperson of the Board of Directors at The Jewish Home, and sadly he passed away here at the Home on May 16th after a courageous battle with cancer. Funeral services were held at Temple Shalom in Greenwich on May 18th.

Milt had been an active volunteer and dedicated Board member who touched the lives of so many colleagues, friends, residents, clients and volunteers at the Home. He was perhaps best known for his trumpet playing on the resident neighborhoods, various groups and the Adult Day Center – where he would take out a book of old songs and play them in order of the book! Not necessarily an “accomplished” trumpet player, but certainly he always brought a smile and a laugh, or a sing a long or clapping by those in attendance. When he wasn’t playing trumpet he served on the Board of Directors, including three years as the Vice Chairperson from 2004-2007 and as Chairperson from 2007-2010. He was an active member of the Business Development Task Force, the Finance and Professional Services Committees, and also served on the JHE Foundation Board of Directors. His contributions, leadership, wisdom, insight and spirit will be greatly missed.

Milt was a longtime partner at Kaye, Scholer in New York. Milt was recognized as one of the leading antitrust lawyers in the country and his contributions to the firm spanned forty years: he joined the firm in 1958, and became Partner in 1966. Milt was a Law Clerk to Federal Judge Irving R. Kaufman (1956-57), received his LL.B. from Columbia Law School (1956), where he was Research Editor of the Law Review, and received his B.S.S. from the College of the City of New York (1953).

Milt was active in many community and Jewish organizations, including past-President of Temple Beth El, Chappaqua, N.Y., the American Friends of the Tel Aviv Museum of Art, American Friends of Hebrew University, Jewish Board of Family and Children's Services, and the Jewish Conciliation Board of America. He was also a trumpet player for the Volunteer Fire Department of Old Greenwich, and the Mamaroneck Community Band.

He is survived by his wife, Myra; his children, Wendy and Eitan Haber and Peter and Rachel Schubin; four grandchildren: Daniel, Brian, and Jason Haber and Claire Schubin; two sisters, Harriet Hughes and Naomi Greenberg, and a brother, Mark Schubin.

From the Administrator



The Journey – “to create a climate where each and every resident can have home as they define it” – is gaining great momentum and generating much excitement here at the Home.

Two of The Journey’s most significant components have been created as a direct result of the Action Pact assessment report and are now fully functional. They are the Steering Team Committee and PersonFirst® Training.

The Steering Team has 22 staff members, meets monthly to guide The Journey, and has formed three Action Teams to explore and create change as we move closer to Resident-Centered Care. (1) High Involvement / Communication

Action Team works on The Journey Newsletter and performs other actions designed to communicate effectively the progress of The Journey, such as the Kick-Off Event, History Wall, Intranet, Bulletin Boards and a Calendar; (2) Decentralized Dining Action Team is exploring ways to create the best dining experience possible; (3) The Helping Hands Action Team is researching ways to bring other staff to neighborhoods to assist during meals times. Great work has begun.

PersonFirst® Training – 26 of us are now certified as PersonFirst® Trainers qualified to conduct PersonFirst® classes and Community Circles. PersonFirst® classes teach the principles and practices of knowing and honoring residents and their wishes to enhance daily life. The curriculum teaches dementia skills, relationships building, and the rekindling of one’s spirit and drive. The Community Circle is a very powerful tool that bonds staff to residents fostering better Community life in our neighborhoods.

Please remember, we are all taking “The Journey” together and I welcome your thoughts and suggestions.

Sincerely,

William Kowalewski

From the President & CEO



Greetings all, and Happy and Healthy New Year as we look forward to the celebration of Rosh Hashanah! The cycle of Jewish Holidays in the Fall is an important reminder of the religious, spiritual and cultural needs of our community and we look forward to all of these festivals.

Andrew H. Banoff

In this issue of Chai Lights we will again provide some updates about the Home and this incredible community which we are privileged to serve. Sadly,

we must recognize the passing of our immediate past Chairperson Milton J. Schubin who will be sorely missed by his family and all of us at the Home who have had the benefit of his counsel, wisdom, leadership and trumpet. William B. Sims was elected as our new Chairperson in June and in our next issue we will share more about his professional background and leadership.

Our long-term care residents and short-term clients consistently help spread the word in the community – and we achieved our highest ever Resident Satisfaction Score of 95 in this year’s survey! Thank you all for your participation (which was 50% higher than last year) and for your comments – both positive and negative about how we provide care to our loved ones.

You will read more about “The Journey” which is being led by William Kowalewski and our Steering Team. This is all about the effort to evolve our wonderful nursing home into a more Resident-Centered Home. This is partly dependent upon physical plant changes, but more focused on the way that our staff is trained, self-directed work teams take accountability for our neighborhoods, the language that we use to make residents feel more at home, and the way we deliver social and medical care to our residents. This is a Journey that will take us well into the future, and has already started to impact the lives of those in our trust.

We successfully completed our search for a new Medical Director with Dr. David Marks joining us, as well as a new Director Rehabilitation Services, Stephanie Coffey. Roger Sliby returned to our Leadership Team as the Vice President Community Services, and Evangelyn Peterson as our new Controller. Please read more about all of them found inside this issue.

Our Adult Day Center located at One Post Road in Fairfield has been in operation for a full year now – as we continue to serve more seniors in a beautiful location and venue at Grasmere by the Sea. Home Care continues to grow – as we served more clients with our Certified Home Health Agency and Compassionate Care Companions. Outpatient Rehabilitation Services also at One Post Road in Fairfield is now fully operational and we have the opportunity to help more clients transition safely home with outpatient therapy and wellness and exercise programs overseen by Physical and Occupational Therapists.

Finally, we continue to struggle with the State Medicaid program which does not cover the cost of care for our residents. This is going to be another difficult year in the State of Connecticut budget crisis, and I will be asking for your help with the new Governor and elected Legislature this winter and spring.

On behalf of our residents, clients, their families and loved ones, please accept my heartfelt thanks for all that you do!!

With warmest personal regards,

Andrew H. Banoff

Please visit our new website

www.jhe.org

with new option for
on-line donations

Leadership Team News



Roger F. Sliby



Dr. David Ryan Marks



Stephanie Coffey



Evangelyn Peterson

Previously The Jewish Home's Vice President, Finance, **Roger Sliby** returned to the Senior Management Team in May, as Vice President, Community Services & Business Development. Roger is responsible for the Home's community programs and services at a variety of sites, including the Roy and Aline Friedman Medical Home Care Agency, Compassionate Care Companions, the Institute on Aging, the Physician Group Practice, the Child Care Center, and the Center for Elder Abuse Prevention all located on the Jefferson Street campus. Located at One Post Road, Fairfield, are the Outpatient Rehabilitation Center and Grasmere by the Sea, the Home's Adult Day Center. The rehabilitation program provided by The Watermark at 3030 is also Roger's domain. In addition, Roger will be working closely with Andrew H. Banoff on new Business Development. Roger's background in hospitals, hospitality, here at the Home and most recently at a Continuing Care Retirement Community will again be a tremendous asset.

Dr. David Ryan Marks is the new Medical Director of The Jewish Home. Dr. Marks earned his BA from the University of California, his Master's Degree in Public Administration from New York University and his Medical Doctor degree from Yale University School of Medicine. He completed his post-graduate training at Greenwich Hospital and his Fellowship at Harvard Medical School/Massachusetts General Hospital. Dr. Marks was Medical Director of the New England Center for Headache in Stamford. He is the author of several magazine, newspaper, and journal articles, plus two books, "Raising Stable Kids in an Unstable World: A Physician's Guide to Preventing Childhood Stress" and "The Headache

Prevention Cookbook". Dr. Marks was the health reporter for WNBC-TV and WCBS-TV in NY, appeared on numerous national programs, and remains a resource to the media for medical issues.

Stephanie Coffey, PT, MPH, our new Director, Rehabilitation Services, has a diverse background in Rehabilitation Services, most recently in a Continuing Care Retirement Community in Stamford. Stephanie has owned her own outpatient physical therapy practice for 10 years and worked at the Burke Rehabilitation Center in New York. Stephanie holds a Bachelor's Degree in Physical Therapy from State University of New York at Stony Brook, and a Master's Degree in Public Health from New York Medical College, where Stephanie was a Clinical Faculty adjunct from 1996 to 2005. Her work has been published in the Journal of the American Physical Therapy Association.

"Joining The Jewish Home at this time is a very exciting opportunity," said Stephanie. "I am glad to be a member of an organization that maximizes quality of life for the people who live in the Home while concurrently helping seniors in the community reach their full functional capacity."

Evangelyn Peterson became the Home's Controller in June. For the previous eighteen years, Evangelyn was Accounting Manager at St. Vincent's Medical Center overseeing the daily operations of their four affiliates: Special Needs Services, St. Vincent's College, Behavioral Health Services, and St. Vincent's Development.

"Today the financial constraints on the delivery of quality health care are more complex than ever," said Evangelyn. "I am excited about the opportunity to work with The Jewish Home team to meet each challenge successfully."



Alzheimer's Association Awardees

At the April 22nd Alzheimer's Association Connecticut Chapter Excellence in Caregiving Annual Luncheon, Jewish Home employees, volunteers and family members were among the honorees. "I would like to thank the following individuals for all that they do," said Linda Ciszkowski, Vice President, Employee Relations and Administrative Services, "I offer them my congratulations on their well-deserved recognition." Shelley O'Brien, Nursing Co-Director; Dawn Pelazza, Educator; Sue Klein, family member and volunteer; Ursula Deluca, Welcome Home Program Volunteer; Stella Sheping, Welcome Home Program Volunteer, and Joan Ciambriello, family member, and the late Peter D'Addario, family member both from Grasmere by the Sea, the Home's Adult Day Center.



Nightingale Award Winners

Diane Masciola, LPN; Carole Bozzi, LPN; Janet Fabryk, LPN; and Evelyn Perugini, RN, received Nightingale Awards for Nursing Excellence at a state-wide dinner on May 5th at the Oakdale Theater, Wallingford. Linda Ciszkowski, Vice President, Employee Relations and Administrative Services, attended with the honorees and their guests. "These individuals were honored for their commitment to nursing excellence," stated Linda. "We are extremely proud of their contributions to residents and the Home."



From left: Board Member Dorothy Freedman, of Westport; Andrew H. Banoff; Congressman Jim Himes, and Board Member Ken Wirfel, of Weston.

A Visit from Congressman Himes

In April, Congressman Jim Himes visited The Jewish Home and spoke with residents, their families, members of the Board of Directors and staff. Health Care Reform, Medicare and Medicaid were the main topics of interest. Himes stressed the importance of effective and efficient health care, as well as providing exceptional care to older adults according to their needs and desires. "Congressman Himes is a strong advocate for elders and everyone who cares about them", said Andrew H. Banoff. "His visit was a wonderful opportunity to experience first-hand his dynamic energy and commitment to issues that really matter."

Transportation to Grasmere by the Sea Now Available for More Seniors

Thanks to expanded transportation routes, more seniors are enjoying their days at Grasmere by the Sea, the Home's adult day services program at One Post Road, Fairfield.

"Seniors from Bridgeport, Easton, Fairfield, Stratford, and Trumbull have been enthusiastic

participants in our adult day services programs for decades," said Roger Sliby, Vice President Community Services and Business Development at The Jewish Home. "We are thrilled to welcome new participants from Westport, Shelton and Oronoque thanks to the new transportation arrangements."

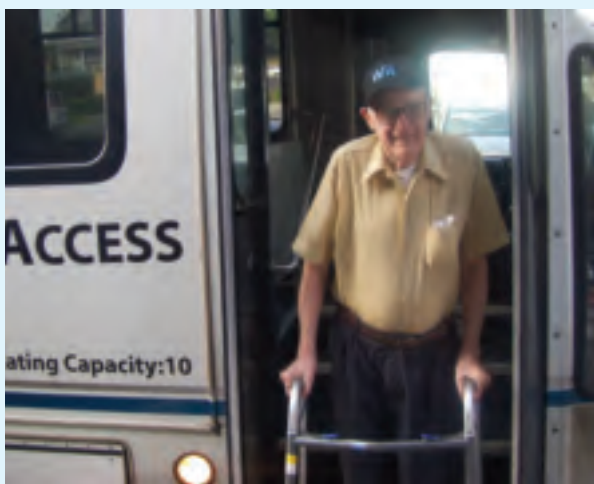
Unlike Senior Centers, Grasmere by the Sea is a medical model provider of adult day services with a professional team that includes registered nurses, certified nursing assistants, therapeutic recreation specialists, and a social worker.

"In Fairfield County we are fortunate to have many centers for seniors but Grasmere by the Sea offers more," said Michael Hebert, Director of Adult Day Services for the Home. "We have the clinical staff and personal care professionals who are trained to perform at a higher level. Some of the individuals who come to our program may not be able to bathe safely in their own homes. Maybe it has been a long time since they went to a Beauty Salon or Barber Shop. Grasmere by the Sea was designed with their needs in mind. We have an accessible shower, a unisex hair salon, and many other amenities that help people remain in their community homes longer."

Concurrent to renovating the first floor at One Post Road for the adult day services program, the third floor was converted into a state-of-the-art rehabilitation center open to the community with physical, occupational and speech therapy plus senior wellness and fitness classes.

"With PT and OT just an elevator ride away, participants at Grasmere by the Sea are able to have a rehab session as prescribed by their physicians during their program day," said Michael. "I invite everyone to come and visit. The variety of group activities, the camaraderie as we enjoy lunch together, and the beautiful views of Ash Creek add up to a wonderful day."

You can contact Michael at (203) 365-6470 or mhebert@jhe.org. More information is in the Services/Community Services section of the Home's website, www.jhe.org. Financial assistance is available for eligible seniors under the provisions of the Connecticut Home Care Program for Elders (CHCPE), through grants and foundation support from the Agency on Aging of South Central Connecticut (AASCC), the Southwest Central Area Agency on Aging (SWCAA) plus Older Americans Act funds.



Jerry Serianni, of Fairfield, rides the GBTA Access bus fun-filled days with friends at Grasmere by the Sea.

VoiceCare... Can You Hear Me Now? Yes!



The Jewish Home now offers "VoiceCare" to help seniors stay in their own homes safely and affordably.

"For many individuals, having 'VoiceCare' gives the peace of mind necessary to remain living where they want to live," said Roger Sliby. "The thought of being alone when help is needed can be frightening for an elder and his or her family. Now the Home can replace that fear with the sense of security that comes with being connected to safety."

A regular telephone is the key to having the benefits of VoiceCare. There is no set-up fee and, even with a wider range of features, the monthly charge is significantly less than similar home safety systems. Staff from the Home's Roy and Aline Friedman Medical Home Care Agency can easily install VoiceCare, initiate service, and provide the simple instructions for use. For more information, please call (203) 396-1136.

Geriatric Assessment: How Will I Know?

Recognizing people change as they age is a given. Knowing how to identify these changes and what to do about them is the purpose of a Geriatric Assessment.

"The time for a Geriatric Assessment is when an elder is doing well," says Dr. Kenneth Fine, Institute on Aging Medical Director. "In order to sustain independence and good health for as long as possible, you need to have a base-line snapshot of the individual's physical, cognitive and social functioning. A Geriatric Assessment provides that and more. By establishing a clear picture of current conditions we have a reference point for clinical comparison if changes are noticed."

In a Geriatric Assessment, the elder, family members, the physician and a social worker work as a team to identify the current medical status, potential environmental stressors, and community resources, both public and private, that might be helpful in the present or when changes occur.

"A Geriatric Assessment is not intended to replace existing physician/patient relationships," continued Dr. Fine. "The Assessment evaluates clinical data, use of medications, and treatment plans to assure an integrated approach to health care."

To learn more about Geriatric Assessments and for scheduling information, contact Laura Snow, Coordinator of the Home's Institute on Aging, at (203) 396-1240 or lsnow@jhe.org.

**Save the Date – October 2, 2010
"Toasting on the Terrace"
A Fundraiser at Grasmere by the Sea**

Silver Super Heroes Recognized

On World Elder Abuse Awareness Day, June 15th, at the Fairfield Museum and History Center, the first ever Silver Super Hero Awards were presented by the Coalition for the Advocacy, Prevention and Elimination of Abuse of Older Adults (CAPE), to five individuals who were instrumental in supporting the independence, safety and quality of life of older adults.

"CAPE felt focusing on positive actions in our area would be an excellent way to participate in the international observance of this important day," said Laura Snow, CAPE Chairperson, and Coordinator of the Center for Elder Abuse Prevention at The Jewish Home. "In response to our media campaign, we received many inspiring nominations of local citizens who make the extra effort to assure dignity and decency for our older neighbors."

The 2010 Silver Super Heroes are Daphne Scott, Lucretia Skenders and Officer Nick Ortiz of Bridgeport, Jim Fogarty of Monroe, and Dennis Rodgerson of Trumbull.

"The purpose of World Elder Abuse Awareness Day is to remember victims and call citizens to action in preventing abuse," said Jessica Lewis, MSW, of the Center for Elder Abuse Prevention, creator of the Silver Super Hero concept. "The individuals selected for recognition are heroes because they champion the cause of elder abuse prevention, super heroes because they show dedication to protecting the elderly, and Silver Super Heroes because they are precious and vital to the fight against elder abuse."

Speakers at the ceremony included Ken Flatto, Fairfield First Selectman; Elaine Werner, Community Liaison for Senator Joseph Lieberman, and Mary Donnelly, Director of Care Management, Southwestern Area Agency on Aging. A proclamation was presented from Governor Rell to commemorate the day.

"The Jewish Home is committed to assuring lives of dignity and safety for every older adult," said Andrew H. Banoff. "Our Center for Elder Abuse Prevention has become an important resource for the community. We will continue to work tirelessly to protect individuals at risk, prevent harm to the vulnerable, and educate the community until we end elder abuse."

If you know or suspect someone 60 and older needs help, report this to the Department of Social Services, Protective Services for the Elderly at 1-888-385-4225. To seek anonymous advice and consultation, call the Center for Elder Abuse Prevention helpline at (203) 396-1097.

SLICE OF LIFE



More Than A Thousand Years Old: At the Annual David Erenberg Centenarians Luncheon ten residents 100 years old and older celebrated with their families, friends and members of their Jewish Home family.

Front row seated: Sadie Peloso; 2nd row: Molla Rosen, Sadie Zable and Ann Yuridin.

Back row: Freda Hertz, Beatrice Carley, Edith Wyman, Betty Keller, Regina Erteschik and Stella Zola.



Future graduates of The Jewish Home's Child Care Center salute the Class of 2010.



Susan Resnick, front, wished Patricia Barry, Health Information Services, luck after selling her raffle tickets at the Residents' Crafts Show in May.

From the past to the present, the spirit of Israel is cause for celebration in The Jewish Home, especially when personal representatives of this country of hope and hard work come to visit. Residents remember the struggle to establish Israel and many can tell you where they were when Israel became a State in 1948. Being with young Israelis now is proof the dream came true and is alive and well. L'chaim! To Life! Most of all Shalom. Peace.

1. In June, Tzofim, the Friendship Caravan of Scouts from Israel, entertained in The Jewish Home.

2. When Ira Schulman showed his scrapbook of newspaper clippings and souvenirs of Israel in the late 1940's-1950's to members of Tzofim, the Israel Scouts Friendship Caravan were amazed.

3. Selma Rosenblatt, President, Residents' Council, showed her pride and extended her gratitude to 2nd Lt Maoz and the other members of the Israel Defense Force when they visited the Home in April.



In July, Michael Cohen was one of many Jewish Home residents who cast their votes by Absentee Ballot for the Democratic and Republican primaries under the supervision of Carlisle Spivey, Fairfield Deputy Registrar.



Leslie Novis (center) shown here with Andrew H. Banoff and William Kowalewski, was named the 2010 Ringmaster of the Barnum Festival Road Show at The Jewish Home.



Lisa Sabia, Jillian Carroll, Leslie Novis, Dayna Hayden and Ingrid Kaczegowicz enjoying the day at the Men's Club George Lipton Golf and Tennis Invitational at Rockrimmon Country Club in Stamford on June 28th.



The spotlight was on audience participation during this year's Nursing Home Week Staff sing-a-long when Andrew H. Banoff brought the microphone to Carol Engelman.



On a bright July morning, 13-year old volunteer Michelle Russo, of Trumbull, delighted residents with her talent for twisting balloons into animals, including the pig she has and the octopus Grace DePasqua is holding.

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Medical Home Care Agency

continued from page 1

"Selecting the staff for our new agency has given me the opportunity to bring many practitioners with years of experience in their fields to The Jewish Home family," said Debbie. "Adding this key component of care to our organization builds on our reputation for quality and brings us to an even higher level for our patients in the community and seniors throughout Fairfield County who want The Jewish Home in their own homes."

For further information about The Roy and Aline Friedman Medical Home Care Agency, please contact Debbie at (203) 396-1136.



Ellen Mendell and Karen Holson, Women's Auxiliary Board Member.

Rianne Sappern, Spring Luncheon Co-Chair; Lydia Gerard, Women's Auxiliary President; Jean Chatzky, Guest Speaker; Tara Cook-Littman, Spring Luncheon Co-Chair and Peri Cook, Spring Luncheon Co-Chair.

Carole Greenbaum, Muriel Brown, Women's Auxiliary Past President; Marilyn Flom, Women's Auxiliary Past President; Barbara Berkowitz, Women's Auxiliary Honorary Director for Life and Barbara Panisch, Women's Auxiliary Board Member.



Sandy Young, Women's Auxiliary President-Elect and Lydia Gerard, Women's Auxiliary President.



Marlene Adelberg, Women's Auxiliary Board Member and Lillian London, Women's Auxiliary Board Member.

Spring Luncheon Success

Award-winning financial expert Jean Chatzky spoke at the 42nd Annual Women's Auxiliary Spring Luncheon and Boutique on Monday, May 3rd at the Waterview in Monroe. 300 members and friends of the Women's Auxiliary attended the luncheon, co-chaired by Peri Cook, Tara Cook-Littman and Rianne Sappern. This event raised \$34,500 to support resident programming at The Jewish Home.

In the past year, the funds raised through the Women's Auxiliary have supported projects such as Pet Therapy, Music Enrichment, Osteoporosis Programs, the transporter for the "Welcome Home" program, calendars showcasing resident artwork, mother's day corsages, Chanukah gifts, the Center for Elder Abuse Prevention and the Oneg Shabbat Celebration for residents and their families. Each year a portion of the donations also goes toward the Endowment Fund, an important investment in The Jewish Home's future.

For further information on how to get involved with the Women's Auxiliary, please contact Dayna Hayden, Coordinator, Auxiliaries & Events at the JHE Foundation at (203) 365-6409 or dhayden@jhe.org.



Phyllis Bernstein, Women's Auxiliary Board Member and her daughter-in-law Terri Bernstein, of Riverside.



Judy Brown, Women's Auxiliary Board Member and her daughter Martha Brown.



Roberta Friel and Bonnie Covey.



Peri Cook and Tara Cook-Littman, Spring Luncheon Co-Chairs, with their sister Jeni Cook-Mack (left) and mother Arleen Cook.



Lydia Gerard, Women's Auxiliary President; Lynne Weiss, Women's Auxiliary Past President; Barbara Leder, Women's Auxiliary Past President; Sandy Young, Women's Auxiliary President-Elect and Dayna Hayden, Coordinator, Auxiliaries & Events at the JHE Foundation.

Lynne Wolf, AJHSA Past President; Bunny Kasper, Jewish Home Board Member and Carol Saltzman, AJHSA President.

AJHSA Conference

Representatives of the Women's Auxiliary participated in the Annual Associates of Jewish Homes and Services for the Aged (AJHSA) Symposium, "The Journey of Aging", in May in Toronto, Canada. Over 50 attendees from across North America were hosted by Baycrest, one of the world's premier academic health sciences centers focused on aging. Two highlights included the announcement of the new endowed leadership series in memory of Sara Spiegler, Women's Auxiliary Past President, from the Women's Auxiliary, The Jewish Home and the Spiegler family and the presentation of the Annette W. & Herbert H. Lichterman Outstanding Programming Award to Bunny Kasper, Jewish Home Board Member, for the creation of the "Welcome Home" program. The "Welcome Home" program was created to help ease the transition to the Home for both the residents and their families.

Awards continued from page 1

been an active participant on the Women's Auxiliary Board of Directors for many years. Roy and Aline reside in Fairfield.

In a past Family Portrait in Chai Lights, Louis Lotstein Award recipient, Sue Angel commented on her involvement with the Home, "When I started volunteering at The Jewish Home, my children were ten, seven, and five years old. I brought them with me and we filled water pitchers together on the nursing units for the residents. Whenever I see a person who is not involved helping others, my response is to motivate them to volunteer. I encourage everyone to come to The Jewish Home and get involved."

As a Jewish Home volunteer, Sue has transported hundreds of residents to activities, the Clinic, Rehabilitation Gym, Beauty Salon and Barber Shop. Sue has assisted in the Residents Bank, the Corner Café and on trips with the residents to the Shubert Theater.

Sue is also one of our expert Tour Guides for prospective residents and their families. Sue can answer their questions not only as a long-time supporter of the Home but also as a former family member since her mother-in-law, Rose Angel, was a Jewish Home volunteer and resident. During the past 33 summers, Sue and her husband Henry, have opened their Fairfield home every summer to the residents for a Pool Party. In addition, Sue is an Honorary Director for Life of the Women's Auxiliary Board of Directors and coordinates the Chai Certificates and the Belle Cone Library Fund.

If you are interested in making a reservation for the Fall Gala or would like to receive an invitation, please contact Dayna Hayden, Coordinator Events & Auxiliaries, at the JHE Foundation at (203) 365-6409 or dhayden@jhe.org.



THE JEWISH HOME FOR THE ELDERLY
ANNUAL CAMPAIGN

Please support the 2010 Annual Campaign!

The Jewish Home for the Elderly has always depended on the kindness and generosity of our community. We need your participation to reach our \$370,000 goal for the 2010 Annual Campaign. Your gift is an investment that will make a real difference in the lives of the residents in our care.

Contributions to the 2010 Annual Campaign may be made by calling the JHE Foundation at (203) 365-6407, online at www.jhe.org or by mailing a check to the JHE Foundation.

Regina S. Levin and James B. Sugarman
Annual Campaign Co-Chairs



George Lipton Golf & Tennis Invitational

On June 28th, participants from throughout Fairfield County and beyond enjoyed a day of golf and tennis at the George Lipton Golf & Tennis Invitational hosted by the Men's Club of The Jewish Home for the Elderly at Rockrimmon Country Club in Stamford, CT. Co-chaired by Dr. Stewart Gross, Men's Club Past President and David Levine, Men's Club Board Member, this event raised nearly \$100,000.

In the past year, the funds raised through the Men's Club have supported projects such as a Speech Therapist, Satellite TV system, Resident Men's Club sport outing, as well as Family Day, the Residents' New Year's Party and Intergenerational Art Exhibits for residents and their families. Each year a portion of the donations goes toward the Endowment Fund, an important investment in The Jewish Home's future.

For further information on how to get involved with the Men's Club, please contact Dayna Hayden, Coordinator, Auxiliaries & Events at the JHE Foundation at (203) 365-6409 or dhayden@jhe.org.



Michael Dritz, Dennis Poster, Chairperson, JHE Foundation Board; Chris Mitchell and Colin Amaral, Golf Pro from Metropolis Country Club.



Dr. Ed Levine, Dr. Daniel Gottschall, Andrew H. Banoff and David Levine, Lipton Co-Chair and Men's Club Board Member.



Matthew Grodd, Leslie Grodd, JHE Foundation Board Member; Leslie Byelas, JHE Foundation Board Member and Stephen Fogerty.



Robert Levy, Kammy Maxfeldt, Golf Pro from Birchwood Country Club; Dr. Richard Levin, JHE Foundation Board Member and Mony Rueven.



Mel Holson and William Sims, Chairperson, The Jewish Home Board of Directors.



Joshua Lipton and Judy Lipton, Grandson and Daughter of George Lipton, of blessed memory.



Leonard Leader, Men's Club President-Elect and Samuel Rost, Men's Club Board Member.

19TH ANNUAL

FAMILY DAY

CELEBRATION

the Rat Pack is back

LIVE FROM THE JEWISH HOME



Jay Martel, Men's Club Board Member and Steven Weiner.



Kenneth Ferleger, David Sweedler, Jonathan Walker, first-ever winner of our hole-in-one challenge at our Invitational and Samuel Walker.



Dr. Stewart Gross, Lipton Co-Chair and Men's Club Past President; Rick Beitman, Sam Olson, Golf Pro from Redding Country Club; Allen Marx and Dean Ratick, Jewish Home Board Member.

SUNDAY, SEPTEMBER 12, 2010 ♦ 12:00 to 3:00pm

TANDET MAIN COURTYARD

THE JEWISH HOME ♦ 175 JEFFERSON STREET, FAIRFIELD

To make r

This event is made possible by a generous grant from The Men's Club. All ages welcome. Rain or Shine.

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A special thank you to our Federations

The Jewish Home is a recipient agency of the following community organizations. We thank these organizations and the communities for their support.

- Jewish Federation of Danbury
- UJA/Federation of Eastern Fairfield County
- UJA/Federation of Greenwich
- UJA/Federation of Westport, Weston, Wilton, Norwalk
- United Jewish Federation of Greater Stamford, New Canaan, Darien

Volunteers Honored

At the Annual Volunteers Recognition Luncheon at The Jewish Home in June, Ann Hornstein was named the Volunteer of the Year, Jonathan Cruz, of Stratford, received The Matilda and Julius Fleischer Junior Volunteer of the Year Award, and 26 individuals were recognized for reaching milestones of total volunteer hours.



Ann Hornstein, 2010 Volunteer of the Year, with Ginger Speicher, of Bridgeport, 2009 Volunteer of the Year.

Ann, a long time resident of Bridgeport, started as a volunteer in 1987. Friday mornings she starts as a Sales Associate in the Gift Shop, not far from the baby grand piano in the sun-lit Tandet Lobby. At 11 o'clock she excuses herself from the array of jewelry, stationery, and other merchandise and goes to the piano to perform a concert of songs from around the world. Residents, staff and visitors delight in the spontaneous sing-a-longs she inspires.



Bertha Chayes, of The Jewish Home, completing a crafts project with Jonathan Cruz, of Stratford, recipient of the Matilda and Julius Fleischer Junior Volunteer of the Year Award.

The Matilda and Julius Fleischer Junior Volunteer of the Year Award is presented annually to a high school senior who has consistently demonstrated outstanding performance assisting the residents of The Jewish Home. Jack Fleischer, a dedicated supporter of the Home, established this tribute in honor of his parents, Matilda and Julius Fleischer.

"Choosing to volunteer in The Jewish Home is the best decision I ever made," says Jonathan Cruz.

"The Jewish Home volunteers consistently demonstrate the values we hold most dear with each and every hour they give," said Shelley Berman, Community Relations Coordinator at the Home.

Volunteers design their own schedules based on their availability and interests in accord with the residents' needs. Information is available on-line at www.jhe.org, by calling (203) 365-6495 or emailing sberman@jhe.org.

William Sims
Chairperson of the Board

Dennis B. Poster
Chairperson of the Board
JHE Foundation

Andrew H. Banoff
President & CEO/Editor

Two Shades of Grey
Design and Layout

Contact us at (203) 365-6400
www.jhe.org

175 Jefferson Street
Fairfield, CT 06825



enhancing life for generations

THE JEWISH HOME
FOR THE ELDERLY

Non-Profit
Organization
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Permit #38

FAMILY PORTRAIT

The Liberman & Nowitz Families

Enhancing Life: Four Generations

Often we can trace the history of The Jewish Home by looking at the involvement of a family across generations. The Liberman and Nowitz families are a perfect example. Friends, neighbors and then in-laws, Anne, Eddie, Lil and Lester started their involvement before the Home existed, and their story is the Home's story.

Four generations ago, motivated with many others to assure a quality place of care for their own parents and for generations of parents to come, Anne and Eddie Nowitz started building the Home one meeting at a time, one phone call at a time and one letter at a time. One letter in particular that Anne wrote encouraging people to purchase raffle tickets for the Home's annual fundraiser is legendary.

"That letter came to me in a dream," recalled Anne. "I can still hear Eddie asking me, 'What are you doing in the kitchen at three o'clock in the morning?'. My energy and emotions were committed to making the Home a reality and I had to get the words out. They flowed onto the paper. It was beyond my wildest dreams that the letter would inspire so many people to give so much." This letter raised over \$100,000 over 18 years.

Operating from a small office in the Jewish Community Center on Park Avenue, Bridgeport, Anne worked side-by-side with friends from Stamford, and people from throughout Fairfield County who became her friends, to achieve a common goal. Looking back, Anne still marvels at their community-building strengths and fundraising accomplishments.

"I can't believe that we set such high goals!" said Anne. "Yet we reached them because we believed so hard in the importance of making the vision real."

Anne's mother-in-law, Sadie Nowitz, her brother, Rubey Goldman, her uncle Lou Goby, and Eddie lived their final years as Jewish Home residents.

"They all received such wonderful care," said Anne. "Everyone in the family knew the Home was the best place for all of us."

Lillian and Lester Liberman also believed in giving of themselves to assure the best for seniors. Lillian first saw the positive impact of Volunteers in the Home when her mother, Julia Weiss, became a resident in 1985. When Lillian retired after 20 years as a

remedial reading teacher in the Bridgeport school system, she found enjoyment in her new career as a Jewish Home volunteer.

"I remember the wonderful times my husband, my friends, and I had as volunteers," said Lillian. "My first assignment as a volunteer was assisting in the

Adult Day Center, which back then was located in the Tandet East Pavilion. In addition, joining the Women's Auxiliary gave me many opportunities to share my enthusiasm for the Home in creative ways with friends and co-supporters. One year we received fantastic reviews when we put

on 'The Jewish Home Fashion Show'. We entertained the audience and met our primary goal of inspiring others to become involved in keeping the Home strong." Many still recall that show with the performers' huge hats decorated to represent the Home's different departments advertising specific areas where volunteers were needed.

"Because we enjoyed being volunteers at the Home we were thrilled we found a way to encourage more people to find that same sense of fulfillment," said Lillian. "Annually, Muggs Lefsetz, also a Women's Auxiliary Board Member, and I collaborated with other Auxilians to write and perform shows we believed would be both fun and informative about how everyone could be involved in the Home's Mission."

For Lillian and Lester, being involved with the Home meant they always had something to do, something they wanted to do, and something they knew was important to do for the people living in the Home and for those who would live in the Home. Lester has passed away but Lil is still actively involved as a volunteer and on the Board of the Women's Auxiliary.

The Liberman and Nowitz families have remained involved and most of them live locally. Ken and Heather Liberman, Rob and Barbara (nee Nowitz) Liberman, Jeffrey and Lynn (nee Liberman) Blueweiss all live in Trumbull. Charles and Tobi (nee

Liberman) Silver live in Huntington and Gary Nowitz and Ulla Clausen live in Cape Cod.

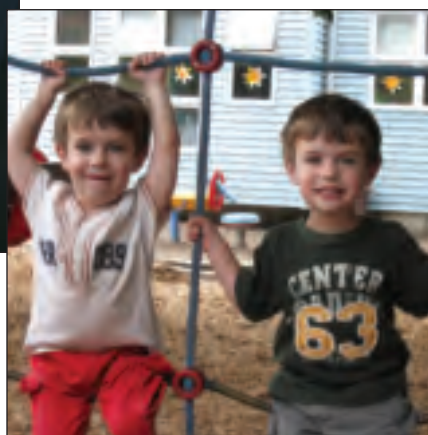
The grandchildren and great-grandchildren were brought many times over the years to share in memories of all the "Grandmas and Grandpas". The legacy is continuing with granddaughter Dayna Liberman Hayden, one of 13 in that generation. She is the Coordinator, Auxiliaries & Events at the Home. While busy in the JHE Foundation Office, her twin boys are busy at the Home's Child Care Center. Dayna shares a story that illustrates the continuation of the connection of her family to the Home and her boys' understanding of those we serve. Recently she, her husband, Arin, and the boys, Eli and Logan were out to dinner. While the boys looked around the restaurant, Logan suddenly said, "Mommy, look are those your friends from work?" Dayna explained that as she looked around the restaurant for co-workers, she realized that Logan was referring to a lovely elderly couple sitting in a nearby booth.



Lillian and Lester Liberman



Anne and Edward Nowitz



Eli and Logan Hayden playing at the playground at The Jewish Home's Child Care Center.

SAVE THE DATE

SEPTEMBER

Sunday, September 12, 2010

Men's Club Annual Family Day Celebration

The Jewish Home

Monday, September 20, 2010

Women's Auxiliary Annual Membership Meeting & Installation

The Jewish Home

OCTOBER

Saturday, October 2, 2010

Toasting on the Terrace

*Grasmere by the Sea
One Post Road, Fairfield, CT*

Thursday, October 7, 2010

Men's Club Annual Meeting & Wine Tasting

*Grasmere by the Sea
One Post Road, Fairfield, CT*

Thursday, October 28, 2010

Women's Auxiliary Fall Gala

The Water's Edge, Darien, CT