



## MARCH FAMILY / VOLUNTEER NEWSLETTER

### FROM THE PRESIDENT & CEO

#### WWW.JHE.ORG

Visit our redesigned website at [www.jhe.org](http://www.jhe.org) and check out our new look. You can view our news, watch videos and donate online. Check back often to see updates.

You can now view *Chai Lights* on our website, [www.jhe.org](http://www.jhe.org). Visit our website today and see current Jewish Home press releases. Would you be interested in receiving *Chai Lights* through email? If so, please email [chailights@jhe.org](mailto:chailights@jhe.org). We will add your name to the growing list.

#### The Jewish Home Announces a Smoke-Free Campus

In an effort to create a healthier, cleaner and safer environment for all, The Jewish Home will become a smoke-free campus on **March 24, 2010**. As part of this initiative, The Jewish Home satellite office, Grasmere by the Sea will also be smoke free by March 24, 2010. March 24, 2010 will be recognized nationally as **Kick Butts Day!**

This new policy is consistent with the mission of health care facilities throughout the Country. We understand this may not be an easy transition for those staff who smoke and will support their individual efforts through educational support groups and smoke cessation programs.

Residents who smoke will of course be accommodated with the area for smoking near the Main Dining Room Courtyard.

We look forward to “Kicking Butts” on March 24<sup>th</sup> and hope that you will join us in supporting a lifestyle that is clean and healthy for all those who live, work and visit The Jewish Home.

#### Goodsearch.com

**Do you use the internet to search for information??** [www.GoodSearch.com](http://www.GoodSearch.com) is an online search engine (powered by Yahoo) that **will donate \$.01 to The Jewish Home for every search performed**. Using GoodSearch is easy; simply go to the GoodSearch.com homepage and type, “Jewish Home for the Elderly” in the box where it asks “who do you GoodSearch for?” You can also (safely and securely) shop online at GoodShop.com and a percentage of your purchases will be donated to The Jewish Home.

GoodSearch is now the official search engine that everyone at the Home is using. As you know, so many of the wonderful extras that we provide our residents are made possible by generous donations from our community through the Foundation and this is one more way to enhance the money raised. Each penny adds up!

**We hope you will not only use GoodSearch as your main search engine from now on, but will also tell your friends, family and co-workers so they, too, can start using GoodSearch to support The Jewish Home.**

## **FROM THE ADMINISTRATOR**

### **Continuing Quality Improvement – CQI**

**COMING SOON – 2010 SATISFACTION SURVEY** This year's Resident / Family Satisfaction Survey will be mailed in April 2010. This process is very important to The Jewish Home. It gives us the ability to hear from all our residents or their families. You will have the opportunity to rate the Home by answering some very simple questions about the care delivered here at the Home. It is important that I remind you that your survey answers are totally **CONFIDENTIAL**. All of your comments are compiled by the firm My InnerView, located in Wausau, Wisconsin. The results are then sent to the Home and are kept strictly and totally Confidential. Last year the response rate on the Satisfaction Survey was 43%. This year we are striving to increase that rate. Please make every effort to participate in this very important initiative.

**“The Journey”- to create a climate where each and every resident can have home as they define it!**

The results of the Action Pact Assessment visit conducted last October 2009 have been received. Here is a summary of their visit and their recommendations regarding the Home's JOURNEY going forward. They have concluded that the Home has had much success in its Quality of Care and Quality of Life for its residents. The Home's popularity by the greater Fairfield County community is well known as one of its strongest assets. The Home is also well known as an employer of choice and as an excellent place to work. The Home's employee turnover rate is amongst the lowest in the State of CONNECTICUT. Action Pact recommends that the Home's ability to further embrace greater movement towards Resident-Centered Care necessitates the creation of a Steering Team, Action Teams and Neighborhood Teams. The Steering Team has been formed and is made of staff from all shifts, departments and positions at the Home. This Team will be responsible for guiding all the components of The Journey over the coming months. Action Teams and Neighborhood Teams will be created by the Steering Team to work on either Neighborhood life enhancements or specific projects that are opportunities for change and improvement throughout the entire campus.

The concepts being used going forward are Shared Leadership and High Involvement. There will be many opportunities for families, residents and staff to join a Team. I encourage you to do so when the opportunity presents. As LaVrene Norton of Action Pact has said, “A great future awaits your residents and staff”. Together, we can make a difference. Please get involved and we will create a climate where each and every resident can have home as they define it.

### **THE HOLIDAY SEASON**

We are looking forward to celebrating Passover. Passover begins on Monday evening, March 29<sup>th</sup> and is observed through Tuesday evening, April 6<sup>th</sup>.

You will soon be receiving an invitation to join us for the Seder celebrations on March 29<sup>th</sup> and March 30<sup>th</sup>.

During Passover, we do not serve any leavened bread products such as bread, pasta, cake, or cookies. We respectfully request that you refrain from bringing any of these products to the Main Dining Room or to the solarium on any of the units.

## **FAMILY COUNCIL**

The next Family Council meeting will be **Sunday, April 11<sup>th</sup>** in the Therapeutic Recreation Center, Tandet Lower Level. We will be introducing Rabbi Stephen Shulman, our new Director of Pastoral Services at The Jewish Home. The Guest Speaker to be announced. All family members are urged to attend this important meeting.

The Family Council meets on Sundays from 12:00-1:30 PM for brunch, courtesy of the “Home”, and presentations and discussions with expert speakers on topics of vital importance to residents and their families. Meetings also offer family members opportunities to openly discuss, question and proactively advocate for their loved ones.

Simply put...communication and education is the Mission of the Family Council. Do not miss this wonderful opportunity to make the Council part of your family. Please consider a leadership role in this very valuable committee.

Your President, Harvey Bellin (Mom is K2 Resident)

## **SPOUSAL SUPPORT GROUP**

The Spousal Support Group will meet **March 11<sup>th</sup>**, the second Thursday of the month at 3:15 PM. Please call **Cindy Fitzgerald**, LCSW if interested at 203.373.6172.

## **RESIDENT CANDLELIGHT DINNERS**

A Candlelight Dinner will be held on **Wednesday, March 17<sup>th</sup>** at 5:00 PM in our Corner Café. These dinners are offered on a monthly basis. Our Candlelight Dinner Program enables families and guests to enjoy a complete dinner with loved ones. These memorable gatherings include a restaurant style environment with fresh cut flowers and live entertainment, all within the comfort and convenience of The Jewish Home.

All dinners begin with your choice of red or white wine, fresh tossed salad greens with choice of dressing, your choice of a beef, chicken or fish main entrée, vegetable, starch, basket of bread, dessert prepared in our own bakery, coffee or tea.

A check made payable to The Jewish Home for \$25.00 per family member or guest must be received with the attached form to confirm your reservation. This meal is complementary to residents attending this event with family or guest. Please return your Candlelight Reservation Form and check to: Administrative Assistant, Department of Dining Services, The Jewish Home, 175 Jefferson Street, Fairfield, CT 06825. **Future dates are:** April 21<sup>st</sup>, May 12<sup>th</sup>, June 16<sup>th</sup>, July 21<sup>st</sup>, August 18<sup>th</sup> and September 15<sup>th</sup>. If you have any questions or require additional reservation forms, please contact Dining Services at 203.396.1023.

## **INFECTION CONTROL**

The World Health Organization is meeting now to decide on what will go into next years Flu vaccine. It will almost certainly contain protection against H<sub>1</sub>N<sub>1</sub> which will probably be with us for several years to come. The flu season is far from over but to date, the season has been milder than usual with only half the usual reported number of deaths this year. The most striking difference this year is that whereas 9:10 deaths from the flu usually occur in people aged 65 and older, this year 90% of deaths occurred in people younger than 65.

We are hearing reports that the Norovirus is active in the local community. Norovirus causes acute vomiting and diarrhea and is spread very easily. It can be particularly devastating to elderly people. The best protection – you’ve heard this before – is hand washing. It costs very little, just pennies and 30 seconds of your time and can save huge amounts of money, heartache and suffering. Please spread the word and lead by example, and please don’t bring any germs into the Home by visiting when you are ill.

## RESIDENTS' COUNCIL

This group meets monthly for residents to discuss issues affecting them in their Home. It gives them the opportunity to convey their concerns in an open forum. Each month there is a different speaker that the Residents' Council invites to come to their meeting.

## WOMEN'S AUXILIARY SPRING LUNCHEON

The Women's Auxiliary invites you to attend our **Annual Spring Luncheon & Boutique on Monday, May 3<sup>rd</sup>** at The Waterview in Monroe. Highlights will include fabulous Boutique shopping, exciting auction and raffle and **guest speaker Jean Chatzky**, Financial Editor for the NBC Today Show. This day is being co-chaired by Peri Cook, Tara Cook-Littman and Rianne Sappern. Please call **Dayna Hayden**, Coordinator, Auxiliaries and Events, 203.365.6409 or email her at [dhayden@jhe.org](mailto:dhayden@jhe.org) if you would like to receive an invitation.

## MEN'S CLUB GEORGE LIPTON GOLF AND TENNIS INVITATIONAL

The **Annual George Lipton Golf and Tennis Invitational** will take place on **Monday, June 28, 2010, at the Rockrimmon Country Club in Stamford**. The day includes a Pro-Am morning golf tournament, afternoon golf tournament, tennis tournament, raffle, auction, breakfast, lunch and dinner reception. This event is co-chaired by Dr. Stewart Gross and David Levine. The funds raised at the event support the residents of The Jewish Home. For more information or to receive an invitation, please contact **Dayna Hayden**, Coordinator, Auxiliaries and Events, at 203.365.6409 or email [dhayden@jhe.org](mailto:dhayden@jhe.org).

## VOLUNTEER NEWS

Welcome to our new volunteers and thank you for joining our team of dedicated individuals: Stacey DiLeo, Nancy Gost, Edward Masse, Adrienne Moore, Debbie Nadan, Rheba Newman, Lexi Passamonte, Pooja, Cheye Roberson, Anthony Rotz, Justin Santoro, Eve Sher, Tracy Singleton, Glenn Ullman, and Dylan Wilson.

Every resident counts! Representatives from the Census Bureau are coming to The Jewish Home for one day between 4/1/10-5/14/10. If you are interested in helping residents provide their names, gender, ages, dates of birth, ethnicity, and address, please contact **Shelley Berman**, Community Relations Coordinator, 203.365.6495 or [sberman@jhe.org](mailto:sberman@jhe.org). We will contact you when we receive the exact date. If you are available, your help will be very much appreciated. The Census does not ask for any health information.

Volunteer needed on Mondays, 1:00-2:00 PM to assist residents in the Poker group. Knowledge of Poker helpful but not required. If you are interested, please contact Shelley Berman, Community Relations Coordinator, 203-365-6495 or [sberman@jhe.org](mailto:sberman@jhe.org).

## PHARMACY INFORMATION

**Attached** you will find a summary of prescription coverage information provided by Pharmerica, our pharmacy vendor. If your family member has made a change in their prescription drug plan or has a changed financial status, (i.e., Private Pay to Medicaid) the pharmacy needs to be notified as soon as possible. This allows for a smooth transition in payment costs. When changing from Private Pay to Medicaid you will need to join a Medicare Part D plan. If assistance is needed, please contact your Social Worker as they can guide you through the process. Pharmerica has requested that you contact them with any billing concerns at 1.800.966.3000.

## **ETHICS COMMITTEE**

We all want the best for those in our care. Sometimes we face difficult decisions about our loved one's care. These issues can be about medical treatments, end-of-life decisions, use of restraints, and use of certain medications.

The Ethics Committee can be a valuable resource to you as a family member when you are confronted with difficult decisions.

The Ethics Committee consists of representatives of the medical, nursing, pastoral, and social services staff as well as lay leaders.

When the Ethics Committee is consulted, the members listen to the concerns of all involved parties and work with all parties to recommend a course of action that best meets the needs of your love one.

The Ethics Committee's recommendations are non-binding. The Committee does not impose its decisions on others and does not override or replace rights, judgments or responsibilities of residents, patients, families or professionals.

You may contact **Rabbi Stephen Shulman**, Director Pastoral Services, Chairperson of The Ethics Committee at 203.396.1001 or [sshulman@jhe.org](mailto:sshulman@jhe.org).

## **SAFETY for our RESIDENTS**

The Jewish Home is reinforcing that signing in when entering any of the Pavilions is required. This is one of the Home's policies and for the safety of our residents we are asking that all family members, visitors and vendors sign in / sign out when entering / exiting the Tandet, Bennett or Kuriansky buildings. Badges will be given to all from the receptionists before leaving the Lobby areas and worn while in the facility at all times.

## **EMAIL US YOUR INFORMATION**

The Jewish Home is always trying to find ways to update you and your family members on the happenings around the Home. If you or a family member would like to receive emails from the Home, please forward your address(es) to [family@jhe.org](mailto:family@jhe.org). Please be sure to include your name and the resident's name and unit.

## **KOSHER FOOD POLICY AT THE JEWISH HOME**

The Jewish Home is a kosher facility, and all food served to our residents must be kosher. Please refrain from bringing any outside food into a resident dining area. This includes the solarium on each unit, the Main Dining Room, the Bennett Living Rooms, and the Corner Café during operating hours.

If you wish to bring outside food to a resident, please bring it into the resident's room, the staff dining room, or the tables opposite the Corner Café.

If you wish to celebrate your loved one's birthday together with the residents, please contact Dining Services at 203.396.1023 or [rferrucci@jhe.org](mailto:rferrucci@jhe.org) to order a birthday cake to be brought up to the unit. There will be a charge for the cake. Thank you for your cooperation.

## **COMMITTEE INVOLVEMENT**

The Jewish Home, JHE Foundation and our auxiliaries are always looking for family members to become involved on committees. While we do our best to reach out to you, please don't hesitate to contact us to explore ways to become active at the Home. Audrey Stein, Vice President & Chief Development Officer, would be pleased to meet with you. Contact **Audrey Stein** at 203.365.6406 or [astein@jhe.org](mailto:astein@jhe.org).

## COMMUNITY SERVICES

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***The Jewish Home Care Agency - Medical Home Care*** – Our newest community-based program is now operational and accepting new medical home care clients in the community. The Jewish Home Care Agency is awaiting the final level of survey and is currently able to accept new patients. The services include skilled aide care, social work, physical therapy, occupational therapy, speech therapy and nursing care. In coordination with the client's physician the team will develop a plan of care that promotes restoration of health and independence during an illness, or following an injury or surgical procedure. If you know of a loved one in need of medical home care please call us at 203.396.1136.

***The Center for Elder Abuse Prevention*** – The Jewish Home takes it Mission to help older adults “achieve the highest quality of life attainable” to heart not only for the resident who lives at the Home, but for all seniors. In 2007, The Jewish Home opened The Center for Elder Abuse Prevention to provide support services to seniors in crisis. The Center's Mission is also to raise awareness about the signs and symptoms of abuse to identify at-risk individuals and prevent abuse from occurring. Many aspects of late life put adults at risk of abuse. Not all mistreatment is out of malice and it may be a result of overwhelmed caregivers. Support services, including Geriatric Assessment and Care Management and safe shelter, arranged by The Center's staff help seniors escape abusive situations and live their lives with dignity. If you know or suspect someone who needs assistance, please contact The Center's hotline 203.396.1097.

***Compassionate Care Companions*** -- Non-Medical Home Care. Would your loved one like to go out to lunch, go on a shopping trip, attend a ball game, go to the movies or the theatre, come to your home for the holidays, go see the latest exhibit in a museum, or even spend the day at a spa? This is all possible. To find out more about this exciting gift idea, please call Compassionate Care Companions 203.374.CARE (2273).

***Grasmere by the Sea Adult Day Services*** -- Our community-based program located at One Post Road in Fairfield offers adults an array of health and recreational opportunities to challenge mind, body and spirit. The new Center offers waterfront views from our dining room and outdoor patio and spacious rooms for specialized health services and recreational activities. A monthly Caregiver support group is held the first Thursday each month from 4:00 PM-5:00 PM. To find out more, contact our staff at 203.365.6470 for a tour.

***The Institute on Aging -- Geriatric Services*** -- Having a loved one in the Home while balancing life in your home can be a time-consuming task. The Jewish Home introduces our Geriatric Care Management program to help alleviate the situation and offer you the freedom to enjoy your time with your loved one. Services include: Weekly Check-in with loved one; Weekly Report to Family; Medical Care Coordination & Monitoring; Caregiver Support & Education; Crisis Intervention. For older adults living in the community, The Jewish Home offers comprehensive Geriatric Assessments and Care Management to help coordinate care for individuals with cognitive changes or multiple or complex health problems. Assessments also focus on supporting caregivers, demystifying the spectrum of senior care services and helping them to care for their loved ones. To find out more, contact the Institute on Aging 203.396.1240.



### **OUTPATIENT PRIMARY CARE**

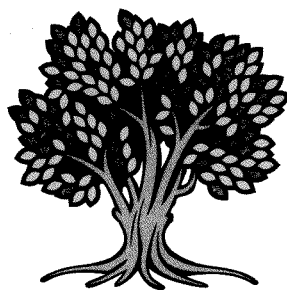
**Dr. Kenneth C. Fine, MD**

**Now serving residents, volunteers, family and community members.  
Come meet our Board Certified and experienced physician, who can  
attend to your health care needs. For an appointment call,  
203.365.6473**



March 2010 - Administrative Calendar - Resident Life

Day	Date	Function	Time	Location
Tues.	3-2-10	Piano Music with "Gaby Lester"	1:30pm - 3:00pm	K1, K2 & K3 living rm
<b>Tues.</b>	<b>3-2-10</b>	<b>Bennett 2 &amp; Bennett 5 Movie Trip</b>	<b>12:45pm-4:15pm</b>	<b>Cinema</b>
Wed.	3-3-10	Intergenerational Program w/N. Stratfield	3:30pm - 4:30pm	Tandet Lobby
Thurs.	3-4-10	Intergenerational Program w/JHE Child Care	10:15am	Th. Rec. Center
Thurs.	3-4-10	Social Hour w/Ent. by "Castle & Shore"	2:00pm	Main Dining Room
Fri.	3-5-10	Intergenerational Program w/Bpt. JCC	10:30am	TE Solarium
Sun.	3-7-10	Music with "Kyle Ralston" & "Charlie Salerno"	10:00am-11:30am	K1, K2 & K3 solariums
<b>Sun.</b>	<b>3-7-10</b>	<b>Shubert Theatre Matinee "Annie"</b>	<b>12:30pm-6:15pm</b>	<b>New Haven</b>
Sun.	3-7-10	Entertainment with "Connecticut Dance"	2:00pm	Main Dining Room
Tues.	3-9-10	American Health Care Apparel	10:00am-3:30pm	Th. Rec. Center
<b>Tues.</b>	<b>3-9-10</b>	<b>Bennett 3 Movie Trip</b>	<b>12:45pm-4:15pm</b>	<b>Cinema</b>
Tues.	3-9-10	Piano Music with "Gaby Lester"	1:30pm - 3:00pm	K1, K2 & K3 living rm
Thurs.	3-11-10	Intergenerational Program w/JHE Child Care	10:15am	Th. Rec. Center
Thurs.	3-11-20	Social Hour w/Entertainment by Bill Kohler"	2:00pm	Main Dining Room
Fri.	3-12-10	Intergenerational Program w/Bpt. JCC	10:30am	TE Solarium
Sun.	3-14-10	Music with "Jim Sheehan"	10:00am-11:30am	B2, B3 & B5 solariums
Sun.	3-14-10	Entertainment w/"Westport Community Band"	2:00pm	Main Dining Room
<b>Tues.</b>	<b>3-16-10</b>	<b>Tandet East &amp; Tandet West Movie Trip</b>	<b>12:45pm-4:15pm</b>	<b>Cinema</b>
Tues.	3-16-10	Intergenerational Program with Jewish Home Child Care - "Purple Dino"	10:30am	Synagogue
Tues.	3-16-10	Piano Music with "Gaby Lester"	2:00pm	K1, K2 & K3 living room
Wed.	3-17-10	Int. program w/Beth-El pre-school	10:00am	Th. Rec. Center
<b>Wed.</b>	<b>3-17-10</b>	<b>Kuriansky 2 Movie trip</b>	<b>12:45pm-4:15pm</b>	<b>Cinema</b>
Wed.	3-17-10	Intergenerational program w/N. Stratfield	3:30pm	Tandet Lobby
Wed.	3-17-10	Candlelight Dinner w/Ent. by "Tom Aalfs"	5:00pm	Corner Café
Wed.	3-17-10	Passover Program w/Merkaz of Bridgeport	6:45pm	Main Dining Room
Thurs.	3-18-10	Intergenerational Program w/JHE Child Care	10:15am	Th. Rec. Center
Thurs.	3-18-10	Social Hour with Ent. by "Gene Matera"	2:00pm	Main Dining Room
Thurs.	3-18-10	Int. program with "Hailey"	4:00pm	Tandet Lobby
Fri.	3-19-10	Intergenerational Program w/Bpt. JCC	10:30am	TE Solarium
Sun.	3-21-10	Entertainment with "Laura Wexler & band"	2:00pm	Main Dining Room
Mon.	3-22-10	Monthly Birthday Parties with entertainment by "John Redgate" and "Roger Young"	2:00pm	B5 living room K1 living room
<b>Tues.</b>	<b>3-23-10</b>	<b>Kuriansky 3 Movie Trip</b>	<b>12:45pm-4:15pm</b>	<b>Cinema</b>
Tues.	3-23-10	Monthly Birthday Parties w/ent. by Ethel Kaufman" and "Larry Batter"	2:00pm	B2 & B3 living rooms K2 & K3 living rooms
<b>Wed.</b>	<b>3-24-10</b>	<b>Kuriansky 1 Movie Trip</b>	<b>12:45pm-4:15pm</b>	<b>Cinema</b>
Wed.	3-24-10	Intergenerational Program w/N. Stratfield	3:30pm - 4:30pm	Tandet Lobby
Thurs.	3-25-10	Intergenerational Program w/JHE Child Care	10:15am	Th. Rec. Center
Thurs.	3-25-10	Monthly Birthday Party with entertainment by "Wendy & Friends"	2:00pm	Main Dining Room
Fri.	3-26-10	Intergenerational Program w/Bpt. JCC	10:30am	TE Solarium
<b>Sun.</b>	<b>3-28-10</b>	<b>Shubert Theatre Matinee "Wedding Singer"</b>	<b>12:30pm-6:15pm</b>	<b>New Haven</b>
Sun.	3-28-10	Entertainment with "Stan Scott"	2:00pm	Main Dining Room
Sun.	3-28-10	Entertainment w/"Jackie Madwed & children"	6:45pm	Main Dining Room
Mon.	3-29-10	1 <sup>st</sup> Passover Seder	5:00pm	Main Dining Room
Tues.	3-30-10	2 <sup>nd</sup> Passover Seder/1 <sup>st</sup> Day of Passover	5:00pm	Main Dining Room
Wed.	3-31-10	2 <sup>nd</sup> Day of Passover		



*enhancing life for generations*

THE JEWISH HOME  
FOR THE ELDERLY

March, 2010

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To: Responsible Family Members

From: Ellen Ashkins, Director of Resident Life

Subject: *Shopping in a "Traveling Store", Tuesday, March 9, 2010*

On Tuesday, March 9, 2010, *American Health Care Apparel, 302 Town Center Boulevard, Easton, PA 18040*, will offer for sale a full line of women's and men's sportswear, nightwear, undergarments, and footwear, as well as specialty apparel for wheelchair and non-ambulatory Residents. Their adaptive line of clothing is designed for the resident in a Nursing environment. Shopping will be in our Therapeutic Recreation Center from 10:00 a.m. to 3:30 p.m. Sale transactions are made directly with American Health Care Apparel. As part of their service, all clothing purchased will be marked, free of charge, with the resident's name.

Due to the growing number of residents requiring complete assistance for dressing and incontinence care, our nursing staff strongly suggest that family consult with the Nurse Manager and/or Social Worker prior to making clothing purchases. Staff may be able to suggest clothing that will facilitate providing personal care in a more comfortable fashion.

We ask that you discuss your family member's participation in this activity with other family members, as this letter is being mailed only to that person assuming responsibility for bills. So that we can make this day a pleasant event for our residents, please bear in mind the following:

1. All family members are invited to be present and encouraged to shop.
2. Purchases may be made in cash, personal check, MasterCard, Visa or Discover
3. Please be certain that your family member has sufficient funds in their resident account to allow for purchases they wish to make.
4. For residents who are unable to make purchases themselves, you may complete the enclosed form authorizing staff to assist and charge to Resident accounts. Purchases will be made only with authorization.

If you are unable to attend, but would like staff to purchase or assist your resident with shopping, please complete the attached authorization. This form and a check (if additional funds are needed in the Resident Bank) should be returned to Ellen Ashkins, Director of Resident Life, 175 Jefferson Street, Fairfield, CT 06825. We hope that you will join us and help your family member have an enjoyable experience. If you have any questions, please call us at (203) 365-6400.

175 Jefferson Street, Fairfield, Connecticut 06825

Tel: (203) 365 - 6400 Fax: (203) 374 - 8082

[www.jhe.org](http://www.jhe.org)

THE JEWISH HOME FOR THE ELDERLY

AUTHORIZATION TO PURCHASE CLOTHING

Resident Name: \_\_\_\_\_

Floor /Room Number: \_\_\_\_\_

I authorize The Jewish Home to assist or make purchases for the above named Resident during the American Health Care Apparel event, on  
**Tuesday, March 9, 2010.**

The following items need to be purchased:

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◆ Staff may purchase at their own discretion: Yes  No

Purchases should not exceed \$ \_\_\_\_\_  
please state limit, if any

◆ The funds are currently available in their resident account: Yes  No

◆ Enclosed is a check in the amount of \$ \_\_\_\_\_ for deposit in the resident's account for purpose of clothing purchases.

Date: \_\_\_\_\_

Signature \_\_\_\_\_  
(Responsible Party)



The Jewish Home Welcomes  
**State Senator Jonathan A. Harris**  
Chairperson of the Public Health Committee



Sunday, March 14, 2010  
10:30 a.m. – 12 noon  
Brunch / Presentation (Q&A)  
Therapeutic Recreation Center  
(Tandet Lower Level)

Senator Harris will discuss critical issues related to the Public Health Committee:

- Nursing Home Reimbursement
- Regulatory Oversight
- Long-Term Care Insurance
- “Rebalancing” the System

Please RSVP to Deana Bedor at [dbedor@jhe.org](mailto:dbedor@jhe.org) or (203) 365-6494

CANDLELIGHT DINNER RESERVATION FORM

Please select by circling your reservation date

March 17, 2010

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Chef Choice of the following items.

Resident \_\_\_\_\_ Choice

(A) Baked Fish

(B) Chicken

(C) Beef

Guest Name \_\_\_\_\_

Phone Number \_\_\_\_\_

(A) Baked Fish

(B) Chicken

(C) Beef

Guest Name \_\_\_\_\_

Phone Number \_\_\_\_\_

(A) Baked Fish

(B) Chicken

(C) Beef

Number of guests \_\_\_\_\_ Total amount of check @ \$25.00pp \_\_\_\_\_

Confirmation date \_\_\_\_\_

**Note:** Please be sure to provide phone number in the event of cancellation.

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Future Candlelight Dinner dates include:

April 21<sup>st</sup>

May 12<sup>th</sup>

June 16<sup>th</sup>

July 21<sup>st</sup>

August 18<sup>th</sup>

September 15<sup>th</sup>



*enhancing life for generations*  
THE JEWISH HOME  
FOR THE ELDERLY

*In our efforts to better serve the community, The Jewish Home for the Elderly, is pleased to announce that on March 1, 2010, Outpatient Therapy Services has moved to our new Outpatient Therapy Center at One Post Road, third floor, in Fairfield, CT.*

*The new suite offers private treatment rooms for Physical, Occupational and Speech Therapy services, state-of-the-art equipment and a Wellness Center that is fully equipped for independent gym memberships, in addition to, multiple exercise classes with a skilled therapist.*

*To schedule an appointment for Outpatient Therapy and/or find out more about our Wellness Center please contact us at (203) 365-8454.*

*Please refer to the enclosed brochures for more information.*



Introducing!

# Exercise Classes

For the Wellness Program

At The Jewish Home's Outpatient Therapy Center  
One Post Road, Fairfield

- \$7 per class
- Bundle of 4 classes for \$25
- Bundle of 10 classes for \$50
- Unlimited use of the gym \$50 per month without classes
- With a purchase of 10 classes for \$50 get unlimited use of the gym for an additional \$25 per month for one year after date of purchase

Classes including:

## **“Healthy Hips & Knees”**

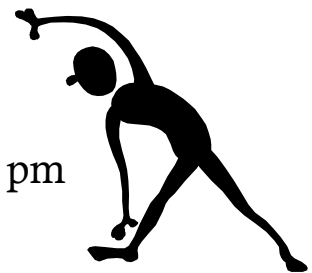
Offered on Tuesday and Thursday at 1:30 pm

## **“Buddies Bend & Balance”**

Offered on Tuesday and Thursday at 2:15 pm

## **“All systems go! Metabolism booster”**

Offered Monday, Wednesday and Friday at 1:30 pm



Call 203.365.8454 for more information  
and to sign up now!



**THE JEWISH HOME FOR THE ELDERLY'S  
CONTINUUM OF CARE  
IN YOUR COMMUNITY...**

**YOUR SOURCE FOR SENIOR SERVICES  
(203) 396-1240**



<p><b>THE INSTITUTE ON AGING</b></p> <p>Geriatric Assessment</p> <p>Geriatric Care Management</p>	<p><i>Is your memory not what it used to be?</i></p> <p><i>Could you use professional support with changes in your later years?</i></p>
<p><b>THE ADULT DAY CENTER</b></p> <p>Recreational &amp; Social Activities</p> <p>Medical Model</p>	<p><i>Do you need a day program that will stimulate, entertain and satisfy your social needs?</i></p> <p><i>Would a hot prepared lunch and transportation be helpful?</i></p>
<p><b>COMPASSIONATE CARE COMPANIONS</b></p> <p>Experienced Non-Medical Home Care</p> <p>Hourly &amp; 24-Hour Care</p> <p>Hands-On &amp; Companion Care</p>	<p><i>Do you need help shopping or around the house?</i></p> <p><i>Would you feel safer with a live-in companion?</i></p> <p><i>Do you need help showering or dressing on a daily basis?</i></p>
<p><b>OUTPATIENT THERAPY SERVICES</b></p> <p>Physical</p> <p>Occupational</p> <p>Speech</p>	<p><i>Do you need therapy services from a name you trust?</i></p> <p><i>Are experienced and dedicated therapists important in your recovery?</i></p>

*designed to achieve "the highest quality of life attainable"*



## Prescription Coverage Information

<b>Medicare D Plan</b>	<b>Medicaid</b>	<b>Third Party Insurance</b>
<p>Prescription coverage for someone on Medicare. If Medicaid is paying for your Medicare D Premium, then required to have prescription coverage. If you choose to change your Med D plan, be sure there is <b>no</b> lapse in coverage. If there is a lapse, you would be responsible for payment of prescriptions</p>	<p>Financial assistance from the state. The state Medicaid will process medications.</p>	<p>Retiree or Private prescription coverage.</p>
<ul style="list-style-type: none"> <li>• Med D plans do not cover 100 % of medications</li> <li>• Some medications require prior authorization; this is processed by the facility and / or physician.</li> <li>• Co-payments are different depending on if you have Medicaid and the type of facility you reside in, i.e.; home, assisted living, skilled nursing home</li> <li>• Inform the nursing facility immediately when there is a change in coverage. If not, this can cause a denial of payment by the insurance when the medication is reprocessed. And the subscriber would be responsible.</li> </ul>	<ul style="list-style-type: none"> <li>• Not all medications are covered 100%</li> <li>• Some medications require prior authorization; this is processed by the facility and / or physician.</li> <li>• Medicaid will always be the last payor. Third Party Insurance or Med D plan would process first.</li> <li>• Inform facility immediately if Medicaid status changes.</li> </ul>	<ul style="list-style-type: none"> <li>• Not all medications are covered 100%</li> <li>• Some medications require prior authorization; this is processed by the facility and / or physician.</li> <li>• Generally Third Party Insurance plans do not coordinate with Med D Plans.</li> </ul>
<b>Med D Co-Payments</b>	<b>Medicaid Co-Payments</b>	<b>Third Party Insurance Co-payments</b>
<p>Med D can generate a co-payment.</p> <ul style="list-style-type: none"> <li>• Exception, if a subscriber is in a Skilled Nursing Home and on Medicaid, Subscriber only responsible for co-payments for their first month that Medicaid is paying for their bed.</li> </ul>	<p>Medicaid can generate a co-payment</p> <ul style="list-style-type: none"> <li>• Exception if a subscriber is in a Skilled Nursing Home</li> <li>• Co-payments may be charged by Medicaid if the resident is not coded as Long Term Care. Family or Facility must inform Medicaid of the residents change in residency.</li> </ul>	<p>Depending on type of coverage there may or may not generate a co-payment.</p> <ul style="list-style-type: none"> <li>• If subscriber also has Medicaid, then Medicaid will only process if they have a letter on file from the prescription drug plan stating that the subscriber has credible coverage. (Credible coverage is a plan as good as Med D coverage thus opting out of a Med D coverage.)</li> </ul>
<p>General Information:</p> <ul style="list-style-type: none"> <li>• Resident should receive letter from Prescription Drug Plan once enrolled explaining coverage.</li> <li>• Subscriber, Responsible Party, Social Worker and or Facility must inform PharMerica of any change in Insurance Plan or Medicaid status.</li> <li>• Med D Prescription drug plans charges co-pays/deductibles/donut hole charges until they are notified by CMS (Center for Medicare &amp; Medicaid) that resident is “dual eligible” (eligible for both Medicare and Medicaid).</li> <li>• Medicare Part D prescription drug plans will not deal with PharMerica to resolve co-payments. This must be handled by the responsible party and or with help from their social worker.</li> <li>• If taking prescription medications it is best to have a Med D Plan.</li> </ul>	<p><b>Pending Medicaid:</b> When Granted</p> <ul style="list-style-type: none"> <li>• Pharmacy will process all previous denied medications to Medicaid once PharMerica is notified by the facility or family.</li> <li>• If subscriber had Med D, then subscriber or family will have to contact the Prescription Drug Plan informing them of Medicaid eligibility. They will also have to request the claims be reprocess if there are co-payments. Insurance will reimburse the subscriber. PDPs will not work with PharMerica on reprocessing old co-payments.</li> <li>• If subscriber has Third Party Insurance, Medicaid will only process if there is the creditable coverage letter on file.</li> </ul>	

# “THE JOURNEY”

## THE LANGUAGE OF RESIDENT-CENTERED CARE

Old Language	New Language
Admitted	Moved In
What do you want?	How may I help you?
Feeders	Needs help eating
Ambulate	Walking
Make Rounds	Check on the Residents
Transport	Assist
Unit	Neighborhood
To Toilet	Help in the Bathroom
She’s a Chopped	Refer to a Residents dietary needs
Hold a Tray	Re-schedule a Meal
Assignment	The Residents I am Caring for
Eloped	Left Unescorted
The Fractured Hip in Room 452	Mrs. Jones in Room 452
Discharged	Moved out
Building	Community
Expired	Died / Passed Away
Dietary	Dining Services
Heavy Care	A Person with many needs
Facility	Community
Solarium	Living Room/Parlor/Family Room
Med Pass	Give Residents their Medications
Allow	Encourage/Welcome
Institutional/Traditional	Resident Centered

# VERY IMPORTANT INFORMATION

## 2010 Census to Begin

**This is a very good reminder. Inform everyone, especially children and elderly, in your household who may answer the door, phone, etc. Be careful.**

### Be Cautious About Giving Info to Census Workers

With the U.S. Census process beginning, the Better Business Bureau (BBB) advises people to be cooperative, but cautious, so as not to become a victim of fraud or identity theft. The first phase of the 2010 U.S. Census is under way as workers have begun verifying the addresses of households across the country. Eventually, more than 140,000 U.S. Census workers will count every person in the United States and will gather information about every person living at each address including name, age, gender, race, and other relevant data.

The big question is - how do you tell the difference between a U.S. Census worker and a con artist? BBB offers the following advice:

If a U.S. Census worker knocks on your door, they will have a badge, a handheld device, a Census Bureau canvas bag, and a confidentiality notice. Ask to see their identification and their badge before answering their questions. However, you should never invite anyone you don't know into your home.

Census workers are currently only knocking on doors to verify address information. **Do not give your Social Security number, credit card or banking information to anyone**, even if they claim they need it for the U.S. Census.

**REMEMBER, NO MATTER WHAT THEY ASK, YOU REALLY ONLY NEED TO TELL THEM HOW MANY PEOPLE LIVE AT YOUR ADDRESS.**

While the Census Bureau might ask for basic financial information, such as a salary **range**, **YOU DON'T HAVE TO ANSWER ANYTHING AT ALL ABOUT YOUR FINANCIAL SITUATION.** The Census Bureau will not ask for Social Security, bank account, or credit card numbers, nor will employees solicit donations. Any one asking for that information is NOT with the Census Bureau.

AND REMEMBER, THE CENSUS BUREAU HAS DECIDED NOT TO WORK WITH ACORN ON GATHERING THIS INFORMATION. **No Acorn worker should approach you** saying he/she is with the Census Bureau.

Eventually, **Census workers may contact you by telephone, mail, or in person at home.** However, the Census Bureau will **not** contact you by **Email**, so be on the lookout for Email scams impersonating the Census.

**Never click on a link or open any attachments in an Email that are supposedly from the U.S. Census Bureau.**

For more advice on avoiding identity theft and fraud, visit [www.bbb.org](http://www.bbb.org)

**PLEASE SHARE THIS INFO WITH FAMILY AND FRIENDS.**